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## What is the best buffer for preservation of cells *in vitro*: a standardization for gill cells in order to use in the Comet Assay

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### Abstract

The Comet Assay is a rapid and sensitive method for detection of breaks in the DNA strand into individual cells, commonly used at ecotoxicology. At this time, the method has been refined, but not yet fully standardized and variations on protocol are common. When environmental reviews are performed, the large number of samples required and the conditions of handling during transportation of samples to the laboratory are frequent problems. Until now, however, no truly effective method for samples preservation for this test was described. Therefore, we tested three stock solutions: fetal bovine serum (FBS), phosphate buffered saline (PBS) e Tris. Gill cells of *Rhamdia quelen* contaminated with insecticide Fipronil were maintained in these solutions, for 0, 24 and 48 hours to perform Comet Assay. It was found that fetal bovine serum was the solution that best preserved the DNA integrity of gill cells, followed by Tris and finally by PBS. We concluded in this study that fetal bovine serum is the solution that best conserve the gill cells and genetic material of *R. quelen* for a time until 48 hours in the absence of light and at 4°C.

Keywords: cell viability, single cell gel electrophoresis, fish, *Rhamdia quelen*, fetal bovine serum.

### Qual é o melhor tampão para preservação de células *in vitro*: Uma padronização para células de brânquia para uso no Ensaio Cometa

### Resumo

O Ensaio Cometa é um método sensível e rápido para detectar quebras na fita de DNA em células individuais, muito usado em pesquisas ecotoxicológicas. Desde sua criação em 1984, o método foi aperfeiçoado, mas ainda não completamente padronizado, sendo variações de protocolo frequentes. Quando análises ambientais são realizadas, o elevado número de amostras requerido e as condições de manuseio durante o transporte ao laboratório são problemas comuns. Até agora, todavia, nenhuma metodologia realmente eficiente para preservação de amostras para este ensaio foi descrita. Por isto, testamos três soluções de estoque de células: soro bovino fetal (FBS), tampão fosfato salino (PBS) e Tris. Células branquiais de *Rhamdia quelen* contaminado com Fipronil foram conservadas nestas soluções por tempos de 0, 24 e 48 horas, para realização do Ensaio Cometa. Obteve-se que o FBS foi a substância que melhor preservou o DNA das células, seguido pelo Tris e por último pelo PBS. Conclui-se neste trabalho, que o soro bovino fetal é a solução mais eficiente na conservação da integridade do DNA das células branquiais de *R. quelen*, em qualquer grupo de exposição ao contaminante ou controle. Recomenda-se então a preservação de células no soro bovino fetal, mantendo-as em 4°C e na ausência de luz, quando não é possível a preparação imediata das amostras até 48 após a retirada do tecido.

Palavras chave: viabilidade celular, eletroforese em gel com células individuais, peixes, *Rhamdia quelen*, Soro bovino fetal.

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## INTRODUCTION

The Comet Assay is a good genotoxicity assay, since it represents a rapid, sensitive and inexpensive method for measuring visual evidences of DNA damage in individual cells. Additionally, it can be conducted on virtually any eukaryotic cell type, *in vivo* as well as *in vitro*. It allows the detection of DNA strand breaks and alkali-labile sites by measuring the migration of DNA fragments from immobilized nuclear DNA. This assay has gained widespread use in various areas including biomonitoring, genotoxicology, ecological monitoring and as a tool for research into DNA damage or repair in different cell types in response to a range of DNA-damaging agents (Liao *et al.*, 2009).

The Comet Assay, which is also referred to as the single cell gel electrophoresis assay (SCG or SCGE assay), was primarily applied for ecotoxicology about fifteen years ago, and become one of the most popular tests to detect strand break on aquatic animals both *in vitro*, *in vivo* or *in situ* exposure (Ohe *et al.*, 2004).

Because the Comet Assay analyzes the cells individually, there are some limitations in tissue disintegrate. The cells should be dissociated for fragmentations process or through enzymes action. This cell must be conveniently separated by a way that do not cause damage to they, but allows their individualization. The cells could be diluted in fetal bovine serum, physiological solution, RPMI (Roswell Park Memorial Institute medium) or other solutions. Independently of the used medium, the cell processing must necessarily ensure the minimum of DNA damage (Ferraro, 2003).

Thus, the preservation of biological samples is a fundamental step. Unfortunately, this procedure often may results on several levels of artifacts (Dubochet & Sartori-Blanc, 2001). When environmental assessments are performed, the great samples quantity needed and the handling during the transporting are common difficulty.

Some studies have suggest the possibility of storing slides for periods up to four months in lysis buffer solution (Nacci *et al.*, 1996). On the other hand, studies have shown a possible effect of storing slides in lysis solution for a prolonged period, which produces changes in the Comet tail patterns (Belpaeme *et al.*, 1998). Even now, however, no really satisfactory methodology for samples preservation for Comet Assay was described (Ramsdorf *et al.* 2009).

Despite the few studies about this issue, among the used solutions to dissociate and preserve the cells, we can cite the Ethylenediaminetetraacetic acid (EDTA), the phosphate buffered saline (PBS), the fetal bovine serum, the RPMI medium, the Tris and others mediums.

EDTA is a polyamino carboxylic acid and colorless, water-soluble solid. Its usefulness arises because of its role as a hexadentate ligand and chelating agent in blood, i.e. its ability to "sequester" metal ions such as  $\text{Ca}^{2+}$  and  $\text{Fe}^{3+}$ . But, it has been found to be both cytotoxic and weakly genotoxic in laboratory animals (Lanigan & Yamarik, 2002).

The fetal bovine serum (FBS) has widely been used, to *in vitro* culture of embryos and cells. Gulve & Dice (1989) found, for example, that FBS increased the rate of protein synthesis, and reduced the rate of protein degradation in rat skeletal muscle cells.

The fetal bovine serum is widely used for cellular culture and it has high concentration proteins, therefore it is a rich medium for cellular growth (Ramsdorf *et al.* 2009).

Tris (also known as THAM) is an abbreviation of the organic compound known as tris(hydroxymethyl)aminomethane, with the formula  $(\text{HOCH}_2)_3\text{CNH}_2$ . The pH of use of Tris (7-9) is the same of the most body fluids. This characteristic and its low cost transform the Tris in one of most extensively used buffers in biochemistry and molecular biology (Gomori, 1995). In biochemistry, Tris is widely used as a component of buffer solutions, such as in TAE and TBE buffer, especially for solutions of nucleic acids.

The phosphate buffered saline or PBS is a solution commonly used for biochemistry, but it has many other utilizations. It is the most common solution for dilution on Comet Assay, cited in numerous works: Masuda *et al.* (2004); Kim & Hyun (2006); Deguchi *et al.* (2007); Bombail *et al.* (2001); Cavalcante *et al.* (2008).

There are yet other solutions for dilution, such as HBSS (Hank's Balanced Salt Solution associated with centrifugation for cell dissociation (Coughlan *et al.*, 2002). The RPMI medium may be used as well. This is a mixture of enriched salts with amine acids, vitamins and essential components to cellular growth. There are authors using L-15 Medium (Leibovitz) (Boettcher *et al.*, 2011). This was originally used to grow cell lines in the absence of  $\text{CO}_2$ , requiring sodium bicarbonate. L-15 is buffered by its complement of salts, free base amino acids and galactose substituted for glucose to help maintain physiological pH control.

It is important to remember that the Comet Assay is fundamentally a comparative test. In this sense, there is necessary, at least, a negative control. There are no cells without DNA damage, since the self cellular metabolism can generate about 1000 diary injuries on DNA/cell. In this way, generally it should to module the technical conditions to a minimum of DNA to migrate from head to the tail in negative controls (Ribeiro *et al.*, 2003) and that a minimum of spurious variables affect the DNA on every one treatment, contaminated and control groups.

In several studies, gill cells were used for SCGE assay as they are prone to injury caused by chemicals and xenobiotics (Nwani *et al.*, 2011; Ahmed *et al.*, 2011; Alink *et al.*, 2007; Schnurstein & Braunbeck, 2001). Gill cells are the most appropriate target organ that is directly and constantly exposed to the DNA damaging chemicals dissolved in water (Dzwonkowska & Hubner, 1986).

Thus, it is important a standardization of a storing solution for cell that conserve for a longer time, without to do harm to DNA, and keep them qualified to analysis of Comet Assay and other tests. The aim of this work is to identify the best

solution for maintaining the *in vitro* integrity of DNA of fish gill cell for a longer period, both in contaminated or negative control groups. For this, we will test three storing solutions: fetal bovine serum, Tris and the phosphate buffered saline, to conserve the gill cells of the neotropical fish *Rhamdia quelen*, contaminated with the pesticide Fipronil.

Fipronil is a broad use insecticide that belongs to the phenylpyrazole chemical family (PAN-UK, 2007). It is the active principle of the broad spectrum pesticides as Frontline<sup>®</sup>, Termidor<sup>®</sup> and, Top Spot<sup>®</sup>. Small concentrations of Fipronil are lethal to the most fish species until now tested, and especially toxic to juvenile fishes (Ohi *et al.*, 2004). There are some studies that research the lethal dose of fipronil to fishes. Toxicity of fipronil to fish varies with species. It is very highly toxic to bluegill sunfish, *Lepomis macrochirus*, (LC<sub>50</sub> (Lethal Concentration) (96 h) = 85 µg L<sup>-1</sup>), highly toxic to rainbow trout (LC<sub>50</sub> (96 h) = 248 µg L<sup>-1</sup>) and to European carp (LC<sub>50</sub> (96 h) = 430 µg L<sup>-1</sup>). It is very highly toxic to tilapia (*Oreochromis niloticus*) (LC<sub>50</sub> (96 h) = 42 µg L<sup>-1</sup>). Fipronil affects larval growth in rainbow trout at concentrations greater than 6.6 µg L<sup>-1</sup> (PAN-UK, 2007).

## MATERIAL AND METHODS

*Rhamdia quelen* (Teleostei, Heptapteridae), a neotropical fish popularly known as “Jundiá”, was chosen for the bioassays. The choice of the specie was because this is a typical Neotropical fish, being promising specie to cultivation, with good adaptation to artificial conditions, like in laboratory. Moreover, about the feeding conditions, it is generalist (Gomes *et al.*, 2000) and this characteristic contributes to its adaptation to artificial food, and its domestication. Several researches point this specie as very good bioindicator (Miron *et al.*, 2005; Glusczak *et al.*, 2007; Ghisi *et al.*, 2011)

Groups with 15 animals were exposed to different doses of Fipronil (Termidor 25 EC - BASF S/A <sup>®</sup>): 0.05, 0.10 and 0.23 µg L<sup>-1</sup>. A control group was kept unexposed (only filtered water). Each group was housed in a separate aquarium and acclimatized in aired tanks at constant water temperature (22°C) under a 12-h light/dark photoperiod. The animals had a mean weight of 37.4 g (standard deviation of ±7 g) and 17.3 cm in length (standard deviation of ±1 cm).

The reason for choosing the tested doses was based on: (1) the upper concentration permitted by European Community legislation which is 0.10 µg L<sup>-1</sup>, for all pesticides individually in water for human consumption (CEE 1980), (2) we used a concentration half that set by the European community (0.05 µg L<sup>-1</sup>); and (3) 0.23 µg L<sup>-1</sup> was the median concentration of Fipronil found at sampling sites in streams draining basins with intensive rice cultivation, so an realistic environmental concentration (Mize *et al.*, 2008).

The contamination was a 60 days semi-static bioassay, *i.e.*, one-third of the water was renewed every 48 hours. For dissection of the gills, each individual was anesthetized with 0.02% MS222 (ethyl-ester-3-aminobenzoic acid, Sigma) to

avoid suffering. Our experiment was conducted in accordance with national and institutional guidelines for the protection of animal welfare from Brazilian College of Animal Experimentation – COBEA (COBEA- <http://www.cobea.org.br/>). It follows the Canadian Council on Animal Care - Guide for the Care and Use of Experimental Animals (Canadian Council on Animal Care, 2003).

The gills were divided in three parts, each one was put in a microtube with a different buffer solution: fetal bovine serum, Tris buffer and phosphate buffer saline. The Tris-HCl saccharose buffer (homogenization buffer) was prepared, in the same day of biological material collect: 17.1150g de saccharose and 0.2422g Tris, both dissolved in 100 ml distilled water, correcting the pH to 8.6 with concentrated HCl. This buffer was kept under refrigeration until the use.

For preparation of PBS we used: 0.2g KCl, 0.2g KH<sub>2</sub>PO<sub>4</sub>, 8g NaCl and 1.15g Na<sub>2</sub>HPO<sub>4</sub> (anidre) dissolved in 1000 ml distilled water. The pH was corrected to 7.4. The fetal bovine serum was used from Invitrogen<sup>®</sup>.

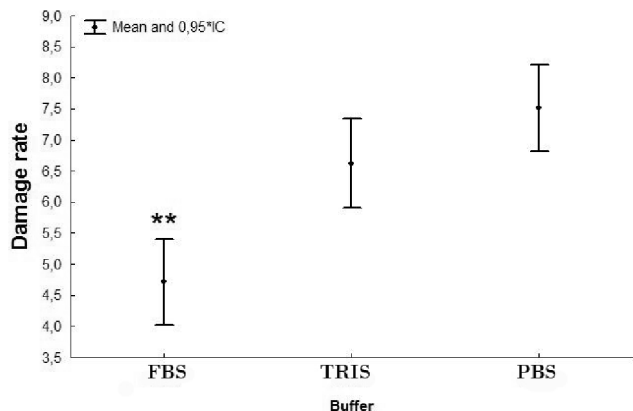
The gill was kept in the solutions for the times 0 hour, 24 hours and 48 hours. After each time, the gill cells used for the Comet Assay were homogenized (Potter-type homogenizer at 1,500 rpm), and was collected a 10µl sample of cell suspension. With this samples we follow the Comet Assay with gills according to Speit & Hartmann (1999), with modifications of Ferraro *et al.* (2004) and Cestari *et al.* (2004).

Comets tails were scored using a Leica epifluorescence microscope. One hundred nucleoids from each fish were analyzed (Kobayashi *et al.* 1995) using the visual classification based on the migration of DNA fragments from class 0 (no visible damage), class 1 (little damage), class 2 (medium damage), class 3 (extensive damage) and class 4 (maximally damaged) nuclei. The score was calculated by multiplying the number of nuclei in a class by the class number.

Prior to the utilization of the parametric or nonparametric analyses of variance, the data were tested for normality through Shapiro-Wilk test and homogeneity of variances through Levene's test. The data showed normality and homogeneity of variances, thus the parametric analysis of variance was the chosen method, *i.e.* two-way ANOVA (Quinn & Keough, 2002). With this, we tested: 1) the damage rate between different stocking buffers, independently of stocking time (measures of material conservation); 2) the DNA damage rate between storing solutions and the times (measure to detect which solution is better concerning the storing time). When significant differences were found, we used the posteriori test Least Significant Difference of Fisher (LSD). Continuous variables were transformed to square root to meet the assumptions of normality.

## RESULTS

The figure 1 show a comparison of DNA damage rate among the three storing solutions, independently of the time. In the graphic is evident the lower damage rate of fetal bovine serum relative to others two buffers.



**Figure 1** - General comparison between the three buffers vs. damage rate, independently of time. FBS= fetal bovine serum; TRIS= Tris; PBS= phosphate buffered saline. The data are in square root. Note: \*\* significant different group.

In the results of statistic analysis, showed in Table 1, we observe that the fetal bovine serum, invariably, has the lower DNA damage compared with Tris and PBS. The interaction between buffers and times was not significant ( $F_{4,88} = 1,96$  e  $p > 0,05$ ).

The table 2 shows the comparison between groups exposed to Fipronil and the time that samples are stocked in each buffer. We can see that, in almost all storing times tested, cells preserved in FBS have presented the lowest genetic material damage in comparison with others buffers. In the time zero, it is observed a more similarity among the solutions. But in the course of time, differences are emphasized. In general, the PBS shows the highest genetic damage rate, while samples conditioned in Tris present a middle genetic damage.

**DISCUSSION**

The Comet Assay was performed to evaluate possible DNA damage in piscine gill cells for the analysis of the optimal solution for sample conservation. We have tested

three stocking buffers up 48 hours, and the statistic analysis detected significant differences among genetic damage rates of these. Our outcomes show a clear superior efficiency of fetal bovine serum to keep the DNA integrity. On the other hand, the phosphate buffered saline has presented the general highest genetic damage rate, while the Tris has intermediary conservation propriety. The results for exposure groups to fipronil vs. storing time has presented practically similar results for all treatments, *i. e.*, the fetal bovine serum is more efficient buffer to preserve the DNA integrity.

In several studies, gill cells were used for SCGE assay as they are prone to injury caused by chemicals and xenobiotics (Nwani *et al.*, 2011; Ahmed *et al.*, 2011; Alink *et al.*, 2007; Schnurstein & Braunbeck, 2001). The evaluation of the gill cells integrity is important because this tissue is the primary sites of gas exchange, acid-base regulation, and ion transfer (Randall, 1990). The gills are essential for fish respiration and osmoregulation and also play a protective role. Because of their localization relatively external to environment and their large surface which are in direct and permanent contact with potential irritants, the gills are primary markers for aquatic pollution (Bernet *et al.* 1999).

Our result corroborates the study of Ramsdorf *et al.* (2009). In this, the *Rhamdia quelen* blood samples were preserved in three different solutions: fetal bovine serum, ethylenediaminetetracetic acid (EDTA) and PBS. Subsamples were collected after 0 hour, 24 hours, 48 hours and 72 hours, to perform the alkaline Comet Assay and flow cytometry. Their results also point to fetal bovine serum as the best solution to preserve the blood cells and their genetic material, followed by PBS, and finally the o EDTA.

The research of Ramsdorf *et al.* (2009) has tested the preservation of blood cell, while in the present study, we analyze de gill cells. The Comet Assay can be performed with several tissues, and different tissues can show different response due particular characteristic of each one (van der Oost *et al.*, 2003). Thus, is also important to know the best

**Table 1** – Comparison of damage rate among different buffers solutions into each Fipronil dose. F= two-way ANOVA results; LSD= Least Significant Difference of Fisher; \* significant result ( $p < 0,05$ ); FBS= fetal bovine serum; TRIS= Tris; PBS= phosphate buffered saline.

Treatment	F	LSD (time)		
		0 hour	24 hours	48 hours
Control	n. s.	-	-	-
0.05µg L <sup>-1</sup>	F <sub>(4,110)</sub> = 5,42*	PBS=TRIS=FBS	PBS>TRIS,FBS	PBS=TRIS=FBS
0.10µg L <sup>-1</sup>	F <sub>(4,126)</sub> = 5,63*	PBS=TRIS=FBS	PBS>TRIS,FBS	PBS>TRIS>FBS
0.23µg L <sup>-1</sup>	F <sub>(4,116)</sub> = 5,30*	PBS>TRIS, FBS	PBS>TRIS,FBS	PBS>TRIS>FBS

**Table 2** – Comparison between different treatments (Fipronil doses) vs. stocking buffer vs. conservation time. F= two-way ANOVA results; LSD= Least Significant Difference of Fisher; \* significant result ( $p < 0,05$ ); n.s. = not significant; PBS= phosphate buffered saline; TRIS= Tris; FBS= fetal bovine serum.

TREATMENT	Buffer	
	F	LSD
Negative Control	F <sub>(2,89)</sub> = 29,37*	PBS>TRIS>FBS
0.05µg L <sup>-1</sup>	F <sub>(2,110)</sub> = 11,44*	PBS>TRIS, FBS
0.10µg L <sup>-1</sup>	F <sub>(2,126)</sub> = 16,78*	PBS>TRIS>FBS
0.23µg L <sup>-1</sup>	F <sub>(2,116)</sub> = 13,24*	PBS>TRIS>FBS

buffer to preserve different cell types. In the present study, we also have tested animals exposed to a pesticide, to verify if in all treatment there are homogeneity of DNA preservation.

The best results for the FBS in DNA conservation is attributed mainly to its composition. The serum is a rich source of proteins, growth factor, amino acids, carbohydrates, ions, vitamins and other compounds. Several components of the serum are likely beneficial for protecting the cell samples in the work. For example, the high concentration of glucose present in the FBS (~0.6 – 1.2 mg/ml) (Maurer, 1986), could act as an energy source for cellular metabolism (Scott *et al.*, 2005).

Hung *et al.* (2004) in their work conclude that fetal bovine serum suppresses apoptosis and protect the cells, delaying cell death. The presence of a protease inhibitor is mainly important because of its anti-trypsin activity, which prevents this enzyme to act against the cells. Furthermore, the osmolarity of the serum (322mM) (Maurer, 1986) is similar to that of the fish freshwater blood (Potts & Parry, 1964), with which the gill cells have intimate contact.

The PBS is the most common solution for dilution on Comet Assay; nevertheless, studies show that PBS and Tris have negative effects to cells. Regarding Tris there are evidences of deleterious effects on growth and on content of chlorophyll and phycoerythrin from algae *Gracilaria birdiae* (Ursi *et al.*, 2008). The cell kept in PBS show, significantly, more DNA damage than that kept in fetal bovine serum. This result may be related with the low osmolarity of PBS (149.14 mM) compared to that usually found in freshwater fishes (*i.e.* 292.5 mM in *Salmo trutta*) (Potts & Parry, 1964). The difference between osmolarity of fish cells and PBS may have caused a water influx into the cells, causing injury to the nucleus (Ramsdorf *et al.* 2009).

Many research groups have put efforts in improving the usefulness of the Comet Assay in a wide range of research field. These developments resulted in a large number of different protocols, for the most part, modified methods of Singh *et al.* (1998) and Tice (1995). Consequently, interlaboratory comparisons are compromised by lack of standardization (Belpaeme *et al.*, 1998).

The use of Comet Assay in field research commonly requires many samples. Thus, an effective method for samples preservation is a prerequisite to extend the application of this technique. Two techniques were studied, the cryopreservation and the storing slides in lysis buffer. Nacci *et al.* (1996) have storing slides with cells for until four months in lysis buffer. Although, reports have shown a possible effect of storing slides in lysis solution, *i.e.* changes in the Comet tail pattern in samples stored for a prolonged time. On the other hand, the cryopreservation has not showed efficient in cell preservation, but this is even more satisfactory in conservation of blood than to kidney and gill cells (Van der Elst, 1992).

Thus, we conclude in this work that the fetal bovine serum is the better storing solution to preserve gill cell and their genetic material of *Rhamdia quelen*, for times ranging from 0 to 48 hours, in absence of light and refrigerated at 4°C. It is

important to remember that this minimization of damage rate and increase on the safety conservation of cells is fundamental when we are comparing different groups of exposure to contaminants. This comparison is commonly the base of Comet Assay and other tests for assessment of xenobiotics effects.

This possibility of stocking the cells in microtubes for a longer time, especially when the researcher make field works or when there are so numerous samples, will become easier the procedures to Comet Assay, mainly as the immediate prepare of all samples are not possible.

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