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Acute toxicity and sublethal effects of phenol on hematological parameters of channel catfish *Ictalurus punctatus* and pacu *Piaractus mesopotamicus*

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Abstract

Phenol is an aromatic chemical commonly found in domestic and industrial effluents that represents a worldwide concern in toxicology. When it reaches aquatic environments, significant damage in fishes is observed. The first aim of this study was to investigate the acute toxicity levels of phenol in *Ictalurus punctatus* and *Piaractus mesopotamicus*. The second objective was to evaluate the hematological parameters of *I. punctatus* and *P. mesopotamicus* after 96 hours exposure to sublethal concentration of phenol (10% of 96-hour LC_{50}) and after post-exposure recovery period of 7 days. The main hypothesis of the study was that even sublethal phenol concentration could cause hematological alterations in fish. For 96-hour LC_{50} tests, both fish species were exposed to several phenol concentrations (in the range between 5 and 50 mg L⁻¹) and the mortality were recorded after 24, 48, 72 and 96 hours. Phenol was notably more toxic to *I. punctatus* than *P. mesopotamicus* and the 96-hour LC_{50} values were 15.08 and 32.56 mg L⁻¹, respectively. Sublethal exposure to phenol in *P. mesopotamicus* resulted in significant higher hematocrit level (Ht), hemoglobin content (Hb) and red blood cell count (RBC) in comparison with control group. In *I. punctatus*, Ht, Hb and RBC remained constant after 96-hour sublethal exposure. However, after the recovery period of 7 days a significant increase of RBC followed by reduction in mean corpuscular volume (MCV) and mean corpuscular hemoglobin (MCH) were observed in *I. punctatus*. The sublethal responses to phenol revealed erythropoiesis in *I. punctatus* and respiratory distress in *P. mesopotamicus*. *P. mesopotamicus* presented excessive skin and gills mucus throughout the 96-hour LC_{50} tests. Acute toxicity tests and hematological responses after exposure to sublethal phenol concentration could be successfully used as a biomarker of stress in fish and may be applicable to investigate others toxic agents.

Key-words: bioassay, hematology, freshwater fish, LC_{50} , xenobiotic.

INTRODUCTION

Aquatic environments are susceptible to phenol contamination from domestic and industrial effluents. Some phenol derivatives are formed during natural processes such as organic matter decomposition and vegetal synthesis (Michalowicz & Duda, 2007). Pollutants can cause significant damage to fish health. Skin, gills, and gut are the first structures affected by phenol, thus they play an important role in the absorption of xenobiotics (Kleinow *et al.*, 2008).

Phenol absorbed into the blood of fish in polluted water can spread to other parts of the body and cause many biological disturbances (Ravichandran & Anantharaj, 1984; Saha *et al.*, 1999). Although the maximum limit for the concentration of phenol in treated effluents (0.5 mg L⁻¹) and freshwater (0.003 - 1 mg L⁻¹) are becoming more stringent in Brazil (Brasil, 2005; Cetesb, 2014), phenol contamination in water basins is often from either industrial wastewaters or accidental phenol discharges. Phenol concentrations in Brazilian's class 2 freshwater are generally 20% higher than the limit allowed by the government (Cetesb, 2008).

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The mechanism of action of phenol is multifactorial (Roche & Bogé, 2000). Chlorine-substituted phenols can cause polar narcosis and nitro-substituted phenols act as respiratory uncoupling agents (Loomis & Lipmann, 1948; Lee *et al.*, 2006). The toxic effects of phenol and its derivatives in several fish species have been reported, including hematological alterations (Roche & Bogé, 2000), induction of genotoxicity (Bolognesi *et al.*, 2006), carcinogenesis and mutagenesis (Tsutsui *et al.*, 1997; Yin *et al.*, 2006), endocrine disruption (Kumar & Mukherjee, 1988), and metabolism imbalance (Hori *et al.*, 2006). Therefore, evaluation of fish susceptibility to phenol is pivotal to preventing undesirable effects from chronic exposure.

The mortality test is the first approach to evaluate the environmental safety and toxicological degree of chemical substances (Rand *et al.*, 1995). The relative chemical toxicity to aquatic organisms is determined by an acute test that estimates the lethal concentration of pollutant to 50% of a test population (LC_{50}) (Rand *et al.*, 1995; Zagatto & Bertolotti, 2006). Many endpoints of the phenol toxicity remain unknown for several fish species. Pacu *Piaractus mesopotamicus* (Holmberg 1887) and channel catfish *Ictalurus punctatus* (Rafinesque 1818) are neotropical and prominent commercial fish species in Brazil; however, no data are available on acute toxicity of phenol of these fish species. Hematological responses are useful for investigating sublethal effects of pollutants on fish health. For that reason, we have investigated the phenol lethal concentration (96-hour LC_{50}) and the effects of sublethal concentrations of phenol on the hematological profile of *P. mesopotamicus* and *I. punctatus*.

MATERIAL AND METHODS

Ethics

The Ethic Committee for Animal Research of the Federal University of Sao Carlos approved the experimental conditions and procedures observed in this study (CEEA 039/2007).

Phenol

Phenol was purchased from Sigma-Aldrich and previously desiccated under vacuum with silica at room temperature in the dark. The quantitative detection of phenol in the water samples was based on the color reaction of phenolic compounds with 4-aminoantipyrine in the presence of potassium ferrocyanide under alkaline conditions, which gives a prominent pink color (APHA, 1980). The reaction product was analyzed by UV/Vis spectrophotometry (Beckman DU 520) at 500 nm against a reagent blank.

Fish maintenance

Fish samples, *I. punctatus* and *P. mesopotamicus*, were purchased from a local fish farm and acclimated for 10 days in a water flow-through system of 2000 L fiber tanks in the

following environmental conditions: temperature 24-27 °C, pH 7.1-7.2; $NH_3-NH_4^+$ 0.1-0.3 mg L⁻¹; and dissolved oxygen 5.0-6.0 mg L⁻¹. The fish were fed twice a day with commercial pellets until satiety. After acclimation, fish samples were transferred to the experimental system where they were equally distributed into 250 L fiber tanks. The fish were kept undisturbed in such conditions for 7 days and feeding was discontinued 24 hours prior to the 50 % lethal concentration tests (96-hour LC_{50}), and sublethal exposures.

Acute Toxicity: Lethal Concentration (96-hour LC_{50})

Phenol 96-hour LC_{50} tests were performed under semi-static conditions with constant artificial aeration at stocking density of 1.0 g L⁻¹ (IBAMA, 1987; OECD, 1992).

To determine the phenol toxicity to *I. punctatus*, 54 fish (15.7±0.8 g; 12.2±0.2 cm) were randomly selected and equally distributed into six 250L fiber tanks. The water flow was ceased and phenol was added into five tanks to obtain the nominal concentrations of 5, 10, 15, 20 and 30 mg L⁻¹. The sixth tank was kept with phenol-free water and was assigned as the control. Fish were not fed throughout the experiment period. The water was renewed every 24 hours and the phenol concentration was adjusted (see Supplementary Material for more detail). The semi-static exposure lasted 96 hours and the mortality was recorded every 24 hours. The water quality parameters (APHA, 1980) over the trials was kept at the following: temperature 27.0 ± 1.0 °C; pH 6.9 ± 0.3; alkalinity (HCO_3^-) 54.0 ± 2.0 mg L⁻¹; hardness ($CaCO_3$) 31.0 ± 3.0 mg L⁻¹; dissolved oxygen 6.0 ± 0.5 mg L⁻¹; $NH_3-NH_4^+$ 0.20 ± 0.02 mg L⁻¹; and NO_2^- 0.07 ± 0.01 mg L⁻¹.

The acute toxicity of phenol to *P. mesopotamicus* was determined with 60 fish (21.5 ± 3.8 g; 13.4 ± 0.6 cm). These fish were submitted to the same experimental procedure reported above for *I. punctatus*. The phenol was added to five tanks set up at concentrations of 5, 10, 25, 30 and 50 mg L⁻¹. The sixth tank was kept with phenol-free water and assigned as control. The phenol concentrations were also adjusted every 24 hours (see Supplementary Material for more detail). The water quality parameters (APHA, 1980) over the trial was kept at the following: temperature 25.2 ± 1.2 °C; pH 6.7 ± 0.2; alkalinity (HCO_3^-) 55.4 ± 2.0 mg L⁻¹; hardness ($CaCO_3$) 29.0 ± 0.5 mg L⁻¹; dissolved oxygen 5.2 ± 1.1 mg L⁻¹; $NH_3-NH_4^+$ 0.48 ± 0.05 mg L⁻¹; and NO_2^- 0.05 ± 0.01 mg L⁻¹.

Sublethal exposure and hematological variables

The sublethal exposure to phenol was carried out with 48 fish *I. punctatus* (43 ± 10 g; 16 ± 1 cm) exposed for 96 hours to 1.5 mg L⁻¹ phenol (10% of LC_{50}). The post-exposure recovery condition was undertaken immediately after exposure by placing the fish in phenol-free water for 7 days. Such sublethal experiment was conducted in 250L fiber tanks, following a random experimental design ($n=12$ in each group: exposed and its respective control, post-exposure recovered and its respective control). The water was renewed every 24 hours and the phenol concentration was adjusted. The water quality

parameters were maintained as reported above. The feeding was discontinued over the exposure and post-exposure recovery periods to prevent prandial metabolic alterations. The experiment was carried out in duplicates in a semi-static system. At the end of each experimental condition (exposure or post-exposure recovery), the fish were anesthetized in 40 mg L⁻¹ eugenol (Inoue *et al.*, 2003) and blood samples were drawn from the caudal vein with heparinized syringes. The same protocol and experimental design was conducted to *P. mesopotamicus*, (65 ± 7 g; 14.0 ± 0.5 cm) which were exposed to 3.3 mg L⁻¹ of phenol (10% of 96-hour LC₅₀).

The hematocrit (Ht) level was determined by microhematocrit method in blood samples centrifuged at 13,400 ×g for 3 min in glass capillary microtubes. Total hemoglobin (Hb) content was determined colorimetrically at 540nm (Drabkin, 1948). Red blood cells (RBC) were counted in a Neubauer chamber. The hematimetric indices, mean corpuscular volume (MCV), mean corpuscular hemoglobin (MCH) and mean corpuscular hemoglobin concentration (MCHC) were calculated from the Hb content, RBC count and Ht values using standard formulae.

Statistics

The 96-hour LC₅₀ of phenol to *I. punctatus* and to *P. mesopotamicus* were calculated with Trimmed Spearman-Kärber LC₅₀ Programs JSPEAR computer software (Hamilton *et al.*, 1977). Significance was inferred at $P < 0.05$. The hematological variables are expressed as mean ± standard error (SE). Normal probability was assessed for each variable using the Kolmogorov–Smirnov test. Comparison of means for each variable was evaluated using Student t-test between the experimental groups and their respective control groups. The confidence limit level was 95% ($P < 0.05$).

RESULTS

The phenol 96-hour LC₅₀ to *I. punctatus* was 15.08 mg L⁻¹, and the inferior and superior limits were 12.67 mg L⁻¹ and 17.96 mg L⁻¹, respectively (Table 1). The fish mortality after exposure for 24 hours was observed at 15, 20 and 30 mg L⁻¹ of phenol concentrations. After 72 hours, fish mortality was at 10 and 15 mg L⁻¹ of phenol. The fish did not present excessive mucus production, and no mucus was observed in the water.

Table 1 - Mortality of *Ictalurus punctatus* exposed to lethal concentration of phenol for 96 hours to determine 96-hour LC₅₀.

Phenol (mg L ⁻¹)	Initial n	Final n	Mortality %
0	9	9	0
5	9	9	0
10	9	8	11.11
15	9	6	33.33
20	9	1	88.88
30	9	0	100

The phenol 96-hour LC₅₀ to *P. mesopotamicus* was 32.50 mg L⁻¹, and the inferior and the superior limits were 29.19 mg L⁻¹ and 36.34 mg L⁻¹, respectively (Table 2). Fish mortality at the 24 hours from the exposure outset was observed at 30 mg L⁻¹ and 50 mg L⁻¹ of phenol concentration. Fish exposed to all phenol concentrations exhibited hyperproduction of

Table 2 - Mortality of *Piaractus mesopotamicus* exposed to lethal concentration of phenol for 96 hours to determine 96-hour LC₅₀.

Phenol (mg L ⁻¹)	Initial n	Final n	Mortality %
0	10	10	0
5	10	10	0
10	10	10	0
25	10	10	0
30	10	5	50
50	10	0	100

Table 3 - Hematological variables of *Ictalurus punctatus* after 96-hour sublethal exposure to phenol (1.5 mg L⁻¹) and post-exposure recovery period of 7 days.

Blood variable	Condition			
	Control	Exposure	Control	Recovery
Ht	25 ± 0.8	25 ± 0.6	23 ± 0.5	22 ± 0.7
Hb	6.7 ± 0.1	7.3 ± 0.2	6.6 ± 0.2	6.2 ± 0.1
RBC	2.5 ± 0.05	2.5 ± 0.05	2.0 ± 0.08	2.6 ± 0.05 ^a
MCV	104 ± 4.4	100 ± 2.6	114 ± 2.7	87 ± 4.2 ^a
MCH	27 ± 0.9	28 ± 0.9	31 ± 0.6	23 ± 0.6 ^a
MCHC	27 ± 5.9	± 4.9	27 ± 3.7	27 ± 4.1

Ht- hematocrit (%); Hb- total hemoglobin (g dL⁻¹); RBC- red blood cells counting (10⁶ cells mm⁻³); MCV (mean corpuscular volume (μm³); MCH- mean corpuscular hemoglobin (pg cell⁻¹); MCHC- mean corpuscular hemoglobin concentration (g dL⁻¹). The values are followed by mean ± SE; ^(a)significant difference between exposure/recovery and respective control group at $P < 0.05$ ($n = 12$).

Table 4 - Hematological variables of *Piaractus mesopotamicus* after 96-hour sublethal exposure to phenol (3.3 mg L⁻¹) and after post-exposure recovery period of 7 days.

Blood variable	Condition			
	Control	Exposure	Control	Recovery
Ht	25 ± 0.4	31 ± 0.6 ^a	26 ± 0.3	28 ± 0.3
Hb	7.3 ± 0.1	9.0 ± 0.1 ^a	7.1 ± 0.1	8.1 ± 0.1
RBC	1.4 ± 0.03	1.8 ± 0.03 ^a	1.5 ± 0.04	1.5 ± 0.04
MCV	173 ± 5.0	171 ± 3.3	162 ± 4.3	168 ± 3.3
MCH	50 ± 0.8	49 ± 1.5	46 ± 1.3	49 ± 1.3
MCHC	29 ± 0.6	29 ± 0.3	30 ± 0.5	29 ± 0.5

Ht- hematocrit(%); Hb- total hemoglobin (g dL⁻¹); RBC- red blood cells counting (10⁶ cells mm⁻³); MCV (mean corpuscular volume (μm³); MCH- mean corpuscular hemoglobin (pg cell⁻¹); MCHC- mean corpuscular hemoglobin concentration (g dL⁻¹). The values are followed by mean ± SE; ^(a)significant difference between exposure/recovery and respective control group at $P < 0.05$ ($n = 12$).

mucus on the skin and gills. The mucus was evident in the water, which become cloudy, especially at the highest phenol concentrations.

The number of red blood cells (RBC) of *I. punctatus* increased at the end of recovery while the MCV and the MCH decreased significantly (Table 3). The Ht, Hb concentration and RBC count of *P. mesopotamicus* increased at the end of exposure (Table 4). After post-exposure period in phenol-free water, hematological variables were achieved recovery in *P. mesopotamicus*.

DISCUSSION

According to Zucker (1985) classification, the values of phenol LC₅₀ in this present study ranged from 10 to 100 mg L⁻¹, which is considered slightly toxic chemical to *I. punctatus* and *P. mesopotamicus*. The 96-hour CL50 for both species was within the LC₅₀ range reported for several fish species (Table 5). The phenol LC₅₀ value of *I. punctatus* is inferior to those reported for other catfishes (Siluriformes), such as *Saccobranchus fossilis* and *Clarias gariepinus* (Changon & Hlahowskyj, 1989; Ibrahim, 2012). However, phenol 96-hour CL50 for *P. mesopotamicus* was higher than that reported for *B. amazonicus* (another Characiforme species) (Hori *et al.*, 2006). Differences in the fish life stage, body size, water physicochemical parameters, the absorption rate and detoxification mechanisms among species can create differences in LC₅₀ obtained from bioassays of acute toxicology tests (Bucher & Hofer, 1993; Rand *et al.*, 1995; Saha *et al.*, 1999).

Mucus secretion in the gills and skin in *P. mesopotamicus* was likely a protective mechanism to cope with phenol

exposure, as was earlier proposed to be occurring in *Clarias gariepinus* exposed to phenol (Ibrahim, 2012). The difference in LC₅₀ between *P. mesopotamicus* and *I. punctatus* can be due to the physical barrier caused by mucus. However, other approaches are needed to understand this matter.

Although phenol was slightly toxic to *I. punctatus* and to *P. mesopotamicus* (Zucker, 1985), sublethal exposure to phenol can provoke several injuries to fish, such as metabolic alterations (Hori *et al.*, 2006; Sanadurgappa *et al.*, 2007), bioaccumulation (Sanadurgappa *et al.*, 2007), genotoxicity (Gad & Saad, 2008), impairment of maturity and fecundity (Saha *et al.*, 1999), and an increase of the classical stress responses (Hori *et al.*, 2008).

The RBC of *I. punctatus* was kept constant over the exposure to phenol, suggesting that a branchial damage was likely not enough to impair oxygen exchange. However, an increase of RBC was observed after recovery period. This hematological alteration was likely due to increase in metabolic demand. The increase of RBC followed by a reduction in MCV and MCH was likely consequence of increased erythropoiesis. The reduced values of MCV and MCH observed in the recovered fish could be the result of circulating young erythrocytes, which are smaller cells and can be present in the peripheral blood of fish exposed to environmental stressors (Clauss *et al.*, 2008). Stress is caused in *Heteropneustes fossilis* by long-term exposure to deltamethrin (Kumar *et al.*, 1999) and in *Cyprinus carpio* L. exposed to terbuthryn (Velisek *et al.*, 2010), which result in similar hematological alterations.

Hematological changes after sublethal exposure to phenol suggested respiratory distress in *P. mesopotamicus*, which have been reported in *B. amazonicus* exposed to phenol for 96 hours (Avilez *et al.*, 2008). RBC count might have increased due to spleen contraction or erythropoiesis in order to absorb and provide oxygen to tissues. This could be related to the excessive mucus observed in the acute toxicology test. Mucus is often secreted by fish to minimize irritant toxic effect and prevent the penetration of chemical toxicant (Verma *et al.*, 1980; Pickering & Pottinger, 1995; Kan *et al.*, 2012). Proliferation of mucous cells and chloride cells, mucus secretion and gill hypertrophy are typical defense mechanisms that increase the pollutant-blood diffusion distance, causing impaired gaseous exchange (Kan *et al.*, 2012). *Salmo gairdnerii* (Mitrovic *et al.*, 1968) and *Cotus gobio* (Bucher & Hofer, 1993) fish species have been reported to produce excessive mucus when exposed to phenol. Mucus profusion is accompanied by acute respiratory distress in *Oreochromis mossambicus* (Saha *et al.*, 1999) and respiratory insufficiency in *Clarias gariepinus* (Ibrahim, 2012) when exposed to phenol.

In conclusion, phenol contaminated water is associated with many physiological changes of aquatic organisms, such as fish, therefore deserving the attention regarding the ecological consequences and impact. Even slight toxicity level of phenol during the acute toxicity tests in this study suggested that phenol can be harmful, and that the

Table 5 - Phenol acute toxicity of several fish species exposed for 96 hours

Fish species	LC ₅₀ ; 96 hours
<i>Notopterus notopterus</i> ¹	12.53
<i>Ictalurus punctatus</i> ²	15.08
<i>Brycon amazonicus</i> ³	17.40
<i>Oreochromis niloticus</i> ⁴	28.00
<i>Oreochromis mossambicus</i> ⁵	28.49
<i>Oreochromis aureus</i> ⁶	29.00
<i>Colisa fasciatus</i> ⁷	32.70
<i>Piaractus mesopotamicus</i> ²	32.50
<i>Oreochromis mossambicus</i> ⁸	35.00
<i>Clarias gariepinus</i> ⁹	35.00
<i>Saccobranchus fossilis</i> ¹⁰	39.40
<i>Lebistes reticulatus</i> ¹¹	47.50

¹Verma *et al.*, 1981; ²present study; ³Hori *et al.*, 2006; ⁴Gad & Saad, 2008; ⁵Saha *et al.*, 1999; ⁶Abdel-Hameid, 2007; ⁷Verma *et al.*, 1980; ⁸Sanadurgappa, 2007; ⁹Ibrahim, 2012; ¹⁰Changon & Hlahowskyj, 1989; ¹¹Gupta *et al.*, 1982

damages can extend into the recovery period, as observed in *I. punctatus* species. The present data has evaluated the potential damage caused by phenol in aquatic environments, particularly at sublethal conditions.

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Phenol concentration in acute toxicity test of *Piaractus mesopotamicus*

Period	Phenol mg L ⁻¹					
	0	5	10	25	30	50
0 h	0	0	0	0	0	0
0 h'	0	5.20	10.5	25.9	30.5	52.2
24 h	0	3.50	9.50	23.8	28.4	51.9
24 h'	0	5.55	11.2	25.5	30.5	#
48 h	0	0.05	0.02	0.04	0.02	#
48 h'	0	5.20	10.55	26.1	30.9	#
72 h	0	0.02	0.05	0.04	0.08	#
72 h'	0	5.7	10.6	25.8	31.2	#
96 h	0	0.02	0.04	0.05	0.09	#

The phenol concentration was determined in each concentration of the test along 96 hours. 0 h = prior to the experiment (without phenol); 0 h' = start of the experiment (with phenol); (24 h, 48 h, 72 h and 96 h) = the phenol concentration before renewing the water; (24 h', 48 h' and 72 h') = the adjusted phenol concentration after renewing the water; # not available data.

Phenol concentration in the acute toxicity test of *Ictalurus punctatus*

Period	Phenol mg L ⁻¹					
	0	5	10	15	20	30
0 h	0	0	0	0	0	0
0 h'	0	5.65	10.8	15.8	20.8	30.5
24 h	0	2.77	10.7	14.1	20.7	30.2
24 h'	0	5.88	11.2	15.9	24.4	#
48 h	0	0.06	0.07	0.15	0.13	#
48 h'	0	5.48	11.0	15.9	20.6	#
72 h	0	0.03	0.04	0.07	0.11	#
72 h'	0	5.45	10.8	15.1	20.9	#
96 h	0	0.03	0.04	0.09	0.07	#

The phenol concentration was determined in each concentration of the test along 96 hours: 0 h = prior to the experiment (without phenol); 0 h' = start of the experiment (with phenol); (24 h, 48 h, 72 h and 96 h) = phenol concentrations before renewing the water; (24 h', 48 h' and 72 h') = adjusted phenol concentrations after water renewing; # not available data.